

BALLET PETITE AND THE YOUTH PERFORMING ARTS SCHOOL MCLEAN 2009-10 SCHEDULE OF CLASSES

BALLET CLASSES

BABY DANCE FOR 18 - 24 MONTHS

This tender first experience with dance will nurture the desire of little ones to explore the creative world around them. Parents will use motion and touch to stimulate their baby's sense of movement and music. This class will integrate soft little costumes, simple props and board books to delight all the senses of our youngest dancers. Classes are 45 minutes. Students must be 18 months by August 31, 2009.

18-24mo	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean	11:00	11:00				10:30	

DANCING TOGETHER FOR 24 - 36 MONTHS

Children enjoy taking the lead while dancing in class with their parents. Focus is on large motor skills as they work on dance steps and begin to follow the teacher. Parents participate, encouraging confidence and creativity by supporting the student-teacher relationship through our ballet warm up and skills progressions, and then, share the excitement of the story-dance in handmade costumes and props designed for the very young. Classes are 45 minutes. Students must be 24 months by August 31, 2009.

2 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean	10:15				9:30	9:45	

MAGICAL MORNING FOR 2 ½ - 3 ½ YEARS

This special class is designed for young dancers to develop independence and confidence in a class of their own. Dance progressions are taught to focus on musicality and body awareness. The story-dance with delicate costumes and beautiful props allows students to make connections with the story and characters. These young children explore creativity and self-expression in a comfortable and nurturing environment. Classes are 45 minutes. Students must be 2½ years by August 31, 2009.

2.5-3.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean		9:30		9:30	10:15	10:30	
		1:45			10:15		

CLASSICAL CHILD I FOR 3 YEARS AND 3 ½ - 4 ½ YEARS

Students enjoy a class designed to bring the magic of ballet to life through class exercises. Dancers will enjoy warm ups and ballet progressions with new concepts presented each week. The dancers will be exposed to basic positions and terminology through creative lessons that capture the imagination. New stories will be presented every other week and then performed with handmade costumes and props in two acts allowing your child to bring their favorite characters to life through dance. Classes are 45 minutes. Students must be the correct age of the class by August 31, 2009.

3 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean		10:15	10:15	11:15	9:30	9:00	
		1:00				2:00	
		4:00					

3.5-4.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean	1:00			4:00	11:00		

CLASSICAL CHILD II FOR 4 YEARS

Students experience new concepts in movement and musicality while working to fine tune their motor skills in our enchanting classroom setting. The warm ups and ballet progressions advance weekly giving the children exposure to a wide array of dance skills. The stories are presented in two acts and encourage artistic expression. These narrative tales help children to develop their story-telling, acting and performance abilities through engaging stories, beautiful handmade costumes and the love of dance. Classes are 45 minutes. Students must be 4 years by August 31, 2009.

4 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean	1:45		11:00	10:15		11:15	
			3:30	1:45			
			4:30				

INTRODUCTION TO BALLET LOW FOR 4 ½-5 ½ YEARS

In this transitory class, students are introduced to the Royal Academy of dance curriculum for the first time. This unique curriculum guides the students through the foundations of ballet including beautiful arm movements, stretching movements and locomotive movements. Students will learn the skills needed for the fundamentals of ballet, while still reading and performing classic stories. Classes are 45 minutes. Must be 4½ years by March 29, 2010. *Introduction to Ballet is only offered for the Spring session.*

4.5-5.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean			11:00				

PRIMARY I FOR 4 ½ - 5 ½ YEARS

This class is specifically designed to serve as a transition class between Ballet Petite and The Youth Performing Arts School. Concentration is placed on fine tuning motor skills, building teamwork, and expanding a sense of spatial awareness. Each week, instructors expect more of their students in terms of preparation, etiquette, and execution. Children begin to use dance steps in combination to create short variations, as well as develop their pantomime and performance skills. Classes are 45 minutes. Students must be 4½ years by August 31, 2009.

4.5-5.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean	4:00		3:30			12:30	

PRIMARY II FOR 5 YEARS

Students are introduced to more advanced concepts in movement and music, preparing them for the rigors of future academic ballet study. Students begin class with a traditional ballet warm up and progressions across the floor. The first portion of the class serves as an introduction to classical ballet technique. In the second portion, children will learn excerpts from some of the great classical ballets and follow the teacher through beautiful dances that encourage artistic growth. Classes are 45 minutes. Students must be 5 years by August 31, 2009.

5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean		4:00	9:30	10:15		11:15	
		4:45	4:15	4:45			

BALLET I FOR 6 YEARS

Through specific, well structured exercises Ballet I students focus on elementary exercises of classical ballet training, memory, focus, and the protocol and etiquette of class. Musicality in rhythmic patterns and dynamics are developed. Enchainements are introduced to learn ballet sequences and pantomime with emphasis on musicality and expression. Classes are 1 hour. Students must be 6 years by August 31, 2009.

6 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean				4:30	4:00		

BALLET II FOR 7 YEARS

This is where the classical technique really begins to develop. In Ballet II, French terms are learned and there is much emphasis on classical technique, musicality, mime, and expression. Character steps are also practiced incorporating national dances. Enchainements are further developed into intermediate dances with pantomime and a strong focus on musicality and expression. Classes are 1 hour. Students must be 7 years by August 31, 2009.

7 years	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean			5:00				

FOUNDATIONS I FOR 7 YEARS

Foundations and Preparation for Pointe increase in technical level in preparing students bodies for pointe. The class will focus on exercises for posture, turnout, strenghtening and flexibility of the feet, stretch and straightening of the legs, strengthening of the ankles and legs - all exercises focusing on preparing students for pointe and working out all of the technical kinks that they may have. The use of Therabands and Theraband exercises will be added in 1 month. Students must by 7 years by August 31, 2009.

7 years	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean						1:30	

BALLET III, IV AND V FOR AGES 8-10 YEARS

Ballet levels III-V provide continuous academic training in classical ballet. Students refine their form and technique to achieve beauty and precision. A stronger commitment is required for this level of dancing. There is a strong emphasis on technical vocabulary as well as an accurate understanding of correct placement and strong technical execution of steps. Variations and character dances are based upon original classical ballets and develop the musicality and presence of the student. Classes are 1 hour. Students must be 8 years by August 31, 2009.

8 & 9 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean			5:00				

BALLET III, IV AND V FOR AGES 8-10 YEARS CONTINUED

9 & 10 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean						12:30	

10 & 11 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean						9:00	

FOUNDATIONS II FOR 8 & 9 YEARS

Foundations and Preparation for Pointe increase in technical level in preparing students bodies for pointe. The class will focus on exercises for posture, turnout, strenghtening and flexibility of the feet, stretch and straightening of the legs, strengthening of the ankles and legs - all exercises focusing on preparing students for pointe and working out all of the technical kinks that they may have. The use of Therabands and Theraband exercises will be added in 1 month. Students must by 7 years by August 31, 2009.

8 & 9 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean						1:30	

PREPARATION FOR POINTE II FOR 10 & 11 YEARS

Foundations and Preparation for Pointe increase in technical level in preparing students bodies for pointe. The class will focus on exercises for posture, turnout, strenghtening and flexibility of the feet, stretch and straightening of the legs, strengthening of the ankles and legs - all exercises focusing on preparing students for pointe and working out all of the technical kinks that they may have. The use of Therabands and Theraband exercises will be added in 1 month. Students must by 7 years by August 31, 2009.

10 & 11 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean						10:00	

MUSICAL THEATRE CLASSES**BROADWAY KIDS MUSICAL THEATRE AND TAP FOR 4 - 5 YEARS**

Broadway Kids is designed to be a child's first introduction to musical theater and is perfect for children who are singing all over the house as well as children who are getting used to getting up in front of other people. This class includes theater games, improvisation, singing and dancing – a wonderful class that instills confidence and self-esteem. Classes are 45 minutes. Students must by 4 years by August 31, 2009.

4 & 5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean		4:00					

SHOWTIME MUSICAL THEATRE AND TAP FOR AGES 5 - 6 YEARS

Combine your love of singing, acting and dancing in this performance-based musical theatre class. From "Do-Re-Mi" and on to more advanced work; learn the art of singing musical theatre songs with proper technique. Students will learn Broadway musical dances that we all know and love. Acting technique will develop their skills of imagination, expression, spontaneity and storytelling. Classes are 45 minutes. Students must be 5 years by August 31, 2009.

5 & 6 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean		4:45					

ENCORES MUSICAL THEATRE FOR AGES 7-9 YEARS

Learn singing technique, Broadway dance steps and acting skills, before integrating the three disciplines into ensemble and solo work. Students will learn the fundamentals of voice technique as it applies to both speaking and singing. They will polish their dance skills in Broadway dance technique. Through acting, students will explore musical theatre scene work exploring character creation with masks, mime and movement. Classes are 1 hour. Students must be 7 years by August 31, 2009.

7-9 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean		5:30					

TAP CLASSES**COMBINATION TAP FOR 3-7 YEARS**

At last, a package designed for students who just can't get enough of both tap and ballet! Students get the full experience of being in a tap class in addition to the ballet class they already know and love. This additional 30-minute technique class option is open and available to all students and may be added either before or after your existing ballet class, or, even on a completely different day! Please inquire with a registrar for more information on scheduling. Classes are 30 minutes. Students must be the correct age by August 31, 2009.

3 & 4 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean		4:45		3:30			

5-7 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean				5:30			

JAZZ CLASSES

SHOWTIME JAZZ FOR 5 - 6 YEARS

Try something completely different! This fun-filled beginning jazz class will introduce dancers to various movement styles and techniques with concentrations on rhythm, coordination, strength, and development of personal confidence. Dancers will be introduced to a variety of dance genres and music that will create a well-rounded basis for this energetic dance form. Classes are 45 minutes. Students must be 5 and 6 years by August 31, 2009.

5&6 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
McLean	4:00						

ENCORES JAZZ FOR 7-8 YEARS

A progression from the Showtime Jazz class, Encores is an exciting opportunity for students to further explore various movement styles and techniques. Focusing on rhythm, coordination, strength and development of personal confidence, this class is a must for dancers interested in more style! Classes are 1 hour. Students must be 7 years by August 31, 2009.

7&8 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean	5:00						

HEADLINERS JAZZ FOR 9-11 YEARS

This extended, intermediate level jazz class is designed for students who hold steadfast to style! For an extra challenge, Jazz Pop combines with Expressions Jazz for an intensive 30 minute warm up. Instructors then focus on strength, flexibility and coordination in the technical portion of class. Choreography incorporates Latin jazz, disco, hip-hop, and Fosse, to name a few. Dancers will experience a variety of movement and music qualities. Classes are 1 hour. Students must be 9 years by August 31, 2009.

9&11 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
	6:00						

MODERN CLASSES

CONTEMPORARY MODERN

Inspired by breaking free from the restrictions set by Ballet, Modern dance technique allows students to explore dance from diverse movement perspectives. Ideal for movers of all kinds, this class will combine innovative movement styles that allow for dancers to be challenged technically and creatively. Modern dance is influenced by African roots, and utilizes momentum, balance, and suspension for a uniquely dynamic experience. Dancers should dress in a leotard and tights and must have bare feet. Classes are 1 hour long. Students must be 6 years by August 31, 2009.

6-8 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Kentlands						2:00	

MUSIC CLASSES – MUSIC PETITE

INSTRUMENTAL CLASSES AND LESSONS

Students are responsible for acquiring an instrument for personal use in class (when appropriate) and for practicing at home. Students may also be responsible for purchasing music and instructional material as directed by your teacher.

PETITE MUSICIANS FOR 3 TO 6 YEARS

During a magical first experience to creating music, children sing, play instruments, and learn to see themselves as little musicians. By playing games on a giant music staff, students will learn about musical notation and begin to compose their own melodies. During every lesson, our very own Maestro Mouse greets students and teaches valuable life and music lessons. Come dance and sing along to some of your favorite songs and learn a few new tunes as well. Classes are 45 minutes except for the 30-minute Add-on Class Thursday at 12:30.

3-6 YRS	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean		9:00				9:30	
		9:45				10:15	

PETITE PIANO I FOR 4 & 5 YEARS

Using an adorable curriculum that is just right for Pre-Readers, students will be introduced to the piano and music fundamentals in a group-learning environment. Feel free to stop by the boutique and check out *My First Piano Adventure for the Young Beginner*. Each concept is delivered with songs, games, and pictures so that learning is fun and easy for younger students. Classes are 45 minutes.

Required Books:

My First Piano Adventure for the Young Beginner

Lesson Book A & Pre-Writing Book A (Yellow)

4-5 YRS	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean		10:30	4:15			11:00	
			5:15 AO				

PETITE PIANO II FOR 5 & 6 YEARS

This class is designed for beginners at the piano that are comfortable readers. Students will explore piano fundamentals with friends, focusing on technique, rhythm and note-reading. At home, students can practice new pieces as well as completing easy theory activities to support concepts from class. Classes are 45 minutes.

Required Books:

Piano Adventures

Lesson Book Primer & Theory Book (Purple)

5-6 YRS	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean			3:15				

PETITE VIOLIN FOR 5-6 YEARS

Group violin lessons for beginners serve as a perfect introduction to a beautiful instrument. Classes allow children to develop technique and pitch sensitivity. Classes are 45 minutes.

Required books: *Essential Elements 2000 for strings (Violin)*

5-6 YRS	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean						11:45	

SHOW CHOIR I FOR 6 – 9 YEARS

Sing along with some friends and some Disney Classics. During each class, we will develop vocal technique and musicality while singing some of our all-time favorites. Classes are 45 minutes.

6-9 YRS	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean			5:45				

SHOW CHOIR II FOR 10 YEARS AND UP

Students will sing selections from *GLEE* and other fun music! In addition to vocal technique and musicality, students will work on hearing and singing harmony parts. Classes are 45 minutes except for the 30-minute add-on class (Friday at 3:30).

10+ YRS	MON	TUE	WED	THURS	FRI	SAT	SUN
McLean			6:30				

PRIVATE LESSONS FOR 6 YEARS AND UP

Currently we have private lessons available for voice, piano, violin, and flute students. Lessons are 30 minutes. Please ask about availability.

VOCAL COACHING FOR 6 YEARS AND UP

Single or multiple sessions are available for students preparing for a performance. A vocal coach will help the student learn his/her chosen song, working on technique, diction, interpretation, and musicality. Classes are 30 minutes. Please ask for availability.

REGISTRATION INFORMATION

Website: All information is posted on www.balletpetite.com.

Email: All notices including Registration Packets, Newsletters, Priority Registration Notification and Recital Information will be sent via email only. Please give us an address where you would like the information sent.

Make-Up Classes: Two make-up classes are allowed during Make Up Week held the last week of each session, there are no refunds for unattended classes.

Private Lessons (Music Classes Only): Due to the individual nature of private lessons, we are only able to reschedule up to 2 private lessons missed when given at least 48 hours notice. To notify us of lessons to be missed, please email katya@musicpetite.com.

Class Changes: One free class switch is permitted each session, and a \$20 fee will be charged for any class changes made after. All class changes are based on space permitted in the preferred class.

Incident Weather/Emergency Closings:

Weekday: We follow the public school guidelines in the county where your child's class is held.

Weekend: Check our website, balletpetite.com for cancellation information. Classes may be made up during Make-Up Week, no refunds will be given.

Withdrawal From Session Class Registrations:

Refund: \$75 withdrawal fee plus the cost of any classes that have occurred up until the date of your request.

Credit to your Ballet Petite account: \$20 withdrawal fee plus the cost of any classes that have occurred up until the date of your request. Credit can be used for classes, camps, petite parties or boutique. No refunds will be given for this credit.

Withdrawal From VIP Full Year Class Registrations:

Refund: None offered.

Credit to your Ballet Petite account: \$75 withdrawal fee plus the cost of any classes that have occurred up until the date of your request. Credit can be used for classes, camps, petite parties or boutique. No refunds will be given for this credit.

TUITION

Fall: \$336 for 45 and 60 minute classes \$196 for 30 minute classes

Winter: \$252 for 45 and 60 minute classes \$147 for 30 minute classes

Spring: \$252 for 45 and 60 minute classes \$147 for 30 minute classes

Private Lessons (Music Classes Only):

\$480 for 30 minute classes (Students must register for entire session)

DISCOUNT TUITION PLANS (choose one, discount plans may not be combined)

VIP Full Year: 10% OFF - \$756 for the full year
Plus 10% Off Petite Boutique and 10% Off Petite Parties

Sibling Discount: \$10 OFF each sibling's registration each session

Multiple Class Discount: 5% OFF when your family registers for 3 classes/session
10% OFF when your family registers for 4 classes/session
15% OFF when your family registers for 5 classes/session

