

BALLET PETITE AND THE YOUTH PERFORMING ARTS SCHOOL BETHESDA 2009-10 SCHEDULE OF CLASSES

BALLET CLASSES

BABY DANCE FOR 18 - 24 MONTHS

This tender first experience with dance will nurture the desire of little ones to explore the creative world around them. Parents will use motion and touch to stimulate their baby's sense of movement and music. This class will integrate soft little costumes, simple props and board books to delight all the senses of our youngest dancers. Classes are 45 minutes. Students must be 18 months by the start of the session.

18-24mo	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	10:15	9:30				9:45	

DANCING TOGETHER FOR 24 - 36 MONTHS

Children enjoy taking the lead while dancing in class with their parents. Focus is on large motor skills as they work on dance steps and begin to follow the teacher. Parents participate, encouraging confidence and creativity by supporting the student-teacher relationship through our ballet warm up and skills progressions, and then, share the excitement of the story-dance in handmade costumes and props designed for the very young. Classes are 45 minutes. Students must be 24 months by the start of the session.

2 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda		10:15	9:30	10:15		9:30	10:15
			10:15			9:45	
						10:30	

MAGICAL MORNING FOR 2 ½ - 3 ½ YEARS

This special class is designed for young dancers to develop independence and confidence in a class of their own. Dance progressions are taught to focus on musicality and body awareness. The story-dance with delicate costumes and beautiful props allows students to make connections with the story and characters. These young children explore creativity and self-expression in a comfortable and nurturing environment. Classes are 45 minutes. Students must be 2½ years by the start of the session.

2.5-3.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	9:30	9:30	11:00	9:30		9:00	9:30
	11:00	11:00		11:00		9:45	
		1:00				10:30	
						11:15	

CLASSICAL CHILD I FOR 3 YEARS AND 3 ½ - 4 ½ YEARS

Students enjoy a class designed to bring the magic of ballet to life through class exercises. Dancers will enjoy warm ups and ballet progressions with new concepts presented each week. The dancers will be exposed to basic positions and terminology through creative lessons that capture the imagination. New stories will be presented every other week and then performed with handmade costumes and props in two acts allowing your child to bring their favorite characters to life through dance. Classes are 45 minutes. Students must be the correct age of the class by the start of the session. **Spring Session Only*

3 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	1:00	10:15	11:00*			9:00	10:15
	3:30	1:00	1:00			10:30	
		4:00	4:00			12:00	

3.5-4.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	1:45	11:00	1:00	1:00		8:45	11:00
	4:15	4:00		1:45		11:15	11:45

CLASSICAL CHILD II FOR 4 YEARS

Students experience new concepts in movement and musicality while working to fine tune their motor skills in our enchanting classroom setting. The warm ups and ballet progressions advance weekly giving the children exposure to a wide array of dance skills. The stories are presented in two acts and encourage artistic expression. These narrative tales help children to develop their story-telling, acting and performance abilities through engaging stories, beautiful handmade costumes and the love of dance. Classes are 45 minutes. Students must be 4 years by the start of the session. **Spring Session Only*

4 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	1:00	1:45		4:00		9:00	9:30
	1:45					10:30	11:00

CLASSICAL CHILD II FOR 4 YEARS CONTINUED

Bethesda	4:00					12:00	11:45
						1:00*	

INTRODUCTION TO BALLET LOW FOR 4 ½-5 ½ YEARS

In this transitory class, students are introduced to the Royal Academy of dance curriculum for the first time. This unique curriculum guides the students through the foundations of ballet including beautiful arm movements, stretching movements and locomotive movements. Students will learn the skills needed for the fundamentals of ballet, while still reading and performing classic stories. Classes are 45 minutes. Must be 4½ years by the first day of the session. *Introduction to Ballet is only offered for the Winter and Spring sessions.*

WINTER SESSION

4.5-5.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda		1:45	1:45			1:15	9:30
			4:45				

SPRING SESSION

4.5-5.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	5:00		1:45				

INTRODUCTION TO BALLET HIGH FOR 4 ½-5 ½ YEARS

In this transitory class, students continue with their introduction to the Royal Academy of dance curriculum. This unique curriculum guides the students through the foundations of ballet including beautiful arm movements, stretching movements and locomotive movements. Students will learn the skills needed for the fundamentals of ballet. Classes are 45 minutes. Must be 4½ years by January 3, 2010. *Introduction to Ballet High is only offered for the Spring session.*

4.5-5.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda		1:45	1:45			1:15	9:30
			4:45				

PRIMARY I FOR 4 ½ - 5 ½ YEARS

This class is specifically designed to serve as a transition class between Ballet Petite and The Youth Performing Arts School. Concentration is placed on fine tuning motor skills, building teamwork, and expanding a sense of spatial awareness. Each week, instructors expect more of their students in terms of preparation, etiquette, and execution. Children begin to use dance steps in combination to create short variations, as well as develop their pantomime and performance skills. Classes are 45 minutes. Students must be 4½ years by August 31, 2009. **Spring Session Only*

4.5-5.5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	4:00	1:45*	4:00	1:45		8:45	10:15
		4:00	4:45	4:00		11:15	1:00

PRIMARY II FOR 5 YEARS

Students are introduced to more advanced concepts in movement and music, preparing them for the rigors of future academic ballet study. Students begin class with a traditional ballet warm up and progressions across the floor. The first portion of the class serves as an introduction to classical ballet technique. In the second portion, children will learn excerpts from some of the great classical ballets and follow the teacher through beautiful dances that encourage artistic growth. Classes are 45 minutes. Students must be 5 years by August 31, 2009.

5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	4:45	4:00	5:30	3:15		9:30	11:00
		4:45		4:45		10:15	1:45
						12:00	

BALLET I FOR 6 YEARS

Through specific, well structured exercises Ballet I students focus on elementary exercises of classical ballet training, memory, focus, and the protocol and etiquette of class. Musicality in rhythmic patterns and dynamics are developed. Enchainements are introduced to learn ballet sequences and pantomime with emphasis on musicality and expression. Classes are 1 hour. Students must be 6 years by August 31, 2009.

6 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda	4:45	5:30	4:00	5:45		11:00	11:45
			5:30			1:15	

BALLET II FOR 7 YEARS

This is where the classical technique really begins to develop. In Ballet II, French terms are learned and there is much emphasis on classical technique, musicality, mime, and expression. Character steps are also practiced incorporating national dances. Enchainements are further developed into intermediate dances with pantomime and a strong focus on musicality and expression. Classes are 1 hour. Students must be 7 years by August 31, 2009.

7 years	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda	5:45	4:45		3:30		1:45	1:00

FOUNDATIONS I/II FOR 7 – 9 YEARS

Foundations and Preparation for Pointe increase in technical level in preparing students bodies for pointe. The class will focus on exercises for posture, turnout, strengthening and flexibility of the feet, stretch and straightening of the legs, strengthening of the ankles and legs - all exercises focusing on preparing students for pointe and working out all of the technical kinks that they may have. The use of Therabands and Theraband exercises will be added in 1 month. Students must be 7 years by August 31, 2009. *Spring Session Only

7 years	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda	6:45*	5:45			3:30*	1:15	12:30
8 & 9 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda				7:00			

BALLET III, IV AND V FOR AGES 8-10 YEARS

Ballet levels III-V provide continuous academic training in classical ballet. Students refine their form and technique to achieve beauty and precision. A stronger commitment is required for this level of dancing. There is a strong emphasis on technical vocabulary as well as an accurate understanding of correct placement and strong technical execution of steps. Variations and character dances are based upon original classical ballets and develop the musicality and presence of the student. Classes are 1 hour. Students must be 8 years by August 31, 2009.

8&9 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda		6:15		6:00		8:30	1:00
9 &10 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda				4:30		10:00	
10 & 11 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda	5:45					11:00	

POINTE PREPARATION AGES 9-11 YEARS

Foundations and Preparation for Pointe increase in technical level in preparing students bodies for pointe. The class will focus on exercises for posture, turnout, strengthening and flexibility of the feet, stretch and straightening of the legs, strengthening of the ankles and legs - all exercises focusing on preparing students for pointe and working out all of the technical kinks that they may have. The use of Therabands and Theraband exercises will be added in 1 month. Students must be 7 years by August 31, 2009. *Spring Session Only

9 &10 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda				5:30			
10 & 11 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda	6:45*						

INTERMEDIATE BALLET & ADVANCED BALLET FOR AGES 11+ YEARS

Upper level courses are the most demanding form of ballet, requiring precise knowledge of placement, technique and expression. The training builds on both flexibility and strength. The student develops a supple back and a beautiful carriage with expressive arms and hands. Emphasis is on articulation in the feet, balance, flawless transitions, and graceful agility. Placement is by instructor only. Classes are 1 hour long. Students must be 11 years by August 31, 2009.

11+ yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda			5:15			1:00	
12+ yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda	6:45	7:30	6:45			2:30	

DEMI POINTE FOR AGES 11+ YEARS

Part of the fantasy of ballet is putting on your first pointe shoes. Pointe is a milestone for students who are ready – pulled up, articulate feet, use of the plie, strong carriage and good turnout. Students at this level will start demi pointe upon teachers evaluation with a consistent minimum of 2 additional ballet technique classes per week. Pointe is a truly an achievement to be proud of. Classes are 30 minutes long. Students must be 11 years by August 31, 2009.

11+ yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda	6:15					2:00	

POINTE FOR AGES 12+ YEARS

Pointe is what separates ballet from other dance forms; it is what gives ballet its special magic. Now that students have their pointe shoes they will dance their regular technical movements in a very beautiful, strong advanced way. Pointe classes and at least 2 other regular ballet technique classes will reinforce each other. Students have developed their skills to a recognizable level and pointe work is their reward. Classes are 30 minutes. Students must be 12 years by August 31, 2009.

12+ yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda	7:45	8:30	7:45			3:30	

MUSICAL THEATRE CLASSES

STORYBOOK THEATRE FOR 3 – 4 YEARS

The creative artist within each child is released as our youngest actors and actresses respond to exciting literature through drama, music and tap dancing. Multi-sensory props, such as animals, mermaids, and munchkins, inspire and spark the imagination of our little performers to create and become the characters in the story and explore imaginary worlds. Physical and vocal skills develop through role-playing, and creativity. Musicality and confidence are nurtured through improvisation. Classes are 45 minutes. Students must be 3 years by the start of the session.

3&4 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	1:00		4:00				

BROADWAY KIDS MUSICAL THEATRE FOR 4 - 5 YEARS

Broadway Kids is designed to be a child's first introduction to musical theater and is perfect for children who are singing all over the house as well as children who are getting used to getting up in front of other people. This class includes theater games, improvisation, singing and dancing – a wonderful class that instills confidence and self-esteem. Classes are 45 minutes. Students must be 4 years by the start of the session.

4&5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda				4:00		1:45	

SHOWTIME MUSICAL THEATRE FOR AGES 5 - 6 YEARS

Combine your love of singing, acting and dancing in this performance-based musical theatre class. From "Do-Re-Mi" and on to more advanced work; learn the art of singing musical theatre songs with proper technique. Students will learn Broadway musical dances that we all know and love. Acting technique will develop their skills of imagination, expression, spontaneity and storytelling. Classes are 45 minutes. Students must be 5 years by August 31, 2009.

5&6 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	4:00		4:00	4:00		2:30	

ENCORES MUSICAL THEATRE FOR AGES 7-8 YEARS

Learn singing technique, Broadway dance steps and acting skills, before integrating the three disciplines into ensemble and solo work. Students will learn the fundamentals of voice technique as it applies to both speaking and singing. They will polish their dance skills in Broadway dance technique. Through acting, students will explore musical theatre scene work exploring character creation with masks, mime and movement. Classes are 1 hour. Students must be 7 years by August 31, 2009.

7&8 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda				4:45			

HEADLINERS MUSICAL THEATRE FOR AGES 9-11 YEARS

Immerse yourself into the world of musical theatre. Students will concentrate on basic music theory, proper breath support, warm-up techniques, tonal quality, and accuracy of pitch. Explore acting through theatre games, improve and musical theatre storytelling exercises and learn what it's like to "be in the moment" as you discover a whole new world of character development. Students will be immersed in Broadway dance as musical theatre dance artists. Classes are 1 hour long. Students must be 9 years by August 31, 2009.

9-11 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda		4:45		5:45			

TAP CLASSES

COMBINATION TAP FOR 3-7 YEARS

At last, a package designed for students who just can't get enough of both tap and ballet! Students get the full experience of being in a tap class in addition to the ballet class they already know and love. This additional 30-minute technique class option is open and available to all students and may be added either before or after your existing ballet class, or, even on a completely different day! Please inquire with a registrar for more information on scheduling. Classes are 30 minutes. Students must be the correct age by the start of the session. *Spring Session Only

3&4 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	12:30	3:30*	12:30	12:30		12:00	
	2:30	4:45	2:30				

COMBINATION TAP FOR 3-7 YEARS CONTINUED

4&5 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	4:15	2:30	4:45	3:30			
	4:45			4:45			

5-7 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda		4:15*				12:00	
						12:45	

SHOWTIME TAP FOR AGES 5 - 6 YEARS

Everyone can tap! Use your body as an instrument to develop basic coordination and rhythm. Students concentrate on articulation and improving sound quality, clarity, and speed. Tap is an energetic class that combines the magic of music with the art of movement. Classes are 45 minutes. Students must be 5 and 6 years old by August 31, 2009.

5&6 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	4:45	4:45					

ENCORES TAP FOR AGES 7-8 YEARS

In this class children will work on getting out of that comfort zone of following the teacher and work on improvisational skills. Teachers will guide the students in learning how to connect basic steps learned in previous sessions to make a fluid and cohesive tap combination. This high-energy class will get the students moving from the minute they walk in the door. Steps may include but are not limited to: Time steps, buffalos, Cincinnati, and riff steps. Classes are 1 hour. Students must be 7 years by August 31, 2009.

7&8 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda		5:45					

HEADLINERS TAP FOR AGES 9-11 YEARS

Are you ready for this? Tap is exploding all over the dance scene and this is just the class to take you to the next level! Start learning such tricks as falling of the log, wings, and time steps, that will make your family and friends wonder how your feet move so fast. Classes are 1 hour. Students must be 9 years by first day of Fall Session 09.

9-11 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda		6:45					

JAZZ CLASSES**SHOWTIME JAZZ FOR 5 - 6 YEARS**

Try something completely different! This fun-filled beginning jazz class will introduce dancers to various movement styles and techniques with concentrations on rhythm, coordination, strength, and development of personal confidence. Dancers will be introduced to a variety of dance genres and music that will create a well-rounded basis for this energetic dance form. Classes are 45 minutes. Students must be 5 and 6 years by August 31, 2009.

5&6 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda	3:15			4:45			

ENCORES JAZZ FOR 7-8 YEARS

A progression from the Showtime Jazz class, Encores is an exciting opportunity for students to further explore various movement styles and techniques. Focusing on rhythm, coordination, strength and development of personal confidence, this class is a must for dancers interested in more style! Classes are 1 hour. Students must be 7 years by August 31, 2009.

7&8 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda				5:45			

HEADLINERS JAZZ FOR 9-11 YEARS

This extended, intermediate level jazz class is designed for students who hold steadfast to style! For an extra challenge, Jazz Pop combines with Expressions Jazz for an intensive 30 minute warm up. Instructors then focus on strength, flexibility and coordination in the technical portion of class. Choreography incorporates Latin jazz, disco, hip-hop, and Fosse, to name a few. Dancers will experience a variety of movement and music qualities. Classes are 1 hour. Students must be 9 years by August 31, 2009.

9&11 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda		5:45		6:45			

ADVANCED JAZZ FOR 12+ YEARS

For the more experienced dancer, at this level dancers are expected to be powerful yet supple. In this extended class, Expressions combines with Jazz Pop for 30 minutes to intensify stretch and conditioning. In the technical portion of class, combinations become more complicated and lengthy, pushing dancers to achieve maximum precision and outstanding performance quality. Choreography incorporates styles such as hip-hop, kick line, lyrical, and improvisational elements. Class is 1 hour. Students must be 12 years by August 31, 2009. *Spring Session Only

12+ yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda			5:45*				

LYRICAL DANCE FOR 12+ YEARS

If you love dancing and expressing yourself through music, then Lyrical is the class for you! Lyrical dance is a form of jazz that uses the lyrics of the music to evoke feelings and create a character in which to embody in each class. Technique is also an important part of lyrical, focusing on turns and leaps. Class is 1 hour. Students must be 12 years by August 31, 2009.

12+ yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda		7:00					

HIP HOP CLASSES

SHOWTIME HIP HOP FOR 5 – 6 YEARS

Showtime Hip Hop is a change from the traditional jazz class and a great way for students to learn how to creatively express their personal style. Students will improve their strength and flexibility by incorporating the styles of hip-hop into defined movement and choreography. The class is 45 minutes. Students must be 5 years by August 31, 2009.

5&6 yrs	MON	TUES	WED	THURS	FRI	SAT	SUN
Bethesda		4:00		3:15			

ENCORES HIP-HOP FOR 7 – 8 YEARS

Get down! This exciting class moves beyond a basic introduction of the style, music and movement of hip-hop to a deeper development and appreciation of this unique form of dance. High energy and enthusiasm are essential to each class as your performer finds their own style and opportunity to shine. The class is 1 hour. Students must be 7 years by August 31, 2009.

7-8 yrs	MON	TUE	WED	THURS	FRI	SAT	SUN
Bethesda		4:45	4:00				

REGISTRATION INFORMATION

Website: All information is posted on www.balletpetite.com.

Email: All notices including Registration Packets, Newsletters, Priority Registration Notification and Recital Information will be sent via email only. Please give us an address where you would like the information sent.

Make-Up Classes: Two make-up classes are allowed during Make Up Week held the last week of each session, there are no refunds for unattended classes.

Class Changes: One free class switch is permitted each session, and a \$20 fee will be charged for any class changes made after. All class changes are based on space permitted in the preferred class.

Incident Weather/Emergency Closings:

Weekday: We follow the public school guidelines in the county where your child's class is held.

Weekend: Check our website, balletpetite.com for cancellation information. Classes may be made up during Make-Up Week, no refunds will be given.

Withdrawal From Session Class Registrations:

Refund: \$75 withdrawal fee plus the cost of any classes that have occurred up until the date of your request.

Credit to your Ballet Petite account: \$20 withdrawal fee plus the cost of any classes that have occurred up until the date of your request. Credit can be used for classes, camps, petite parties or boutique. No refunds will be given for this credit.

Withdrawal From VIP Full Year Class Registrations:

Refund: None offered.

Credit to your Ballet Petite account: \$75 withdrawal fee plus the cost of any classes that have occurred up until the date of your request. Credit can be used for classes, camps, petite parties or boutique. No refunds will be given for this credit.

TUITION

Fall:	\$336 for 45 and 60 minute classes	\$196 for 30 minute classes
Winter:	\$252 for 45 and 60 minute classes	\$147 for 30 minute classes
Spring:	\$252 for 45 and 60 minute classes	\$147 for 30 minute classes

DISCOUNT TUITION PLANS (choose one, discount plans may not be combined)

VIP Full Year: 10% OFF - \$756 for the full year
Plus 10% Off Petite Boutique and 10% Off Petite Parties

Sibling Discount: \$10 OFF each sibling's registration each session

Multiple Class Discount: 5% OFF when your family registers for 3 classes/session
10% OFF when your family registers for 4 classes/session
15% OFF when your family registers for 5 classes/session

REGISTRATION FORM

Phone: 301-229-6882

Email: information@balletpetite.com

Web Address: www.balletpetite.com

Fax: 301-229-6884

Mailing Address: 4701 Sangamore Road M10, Bethesda, MD 20816

INTERNAL USE ONLY

- Initials _____
- Policy _____
- Auth# _____ Date _____

Student Name _____

Date of Birth _____

Academic School, Grade _____

School Release Time _____

Registering Parent(s) Name(s) _____

Address _____

City, State, Zip _____

Home Phone () _____

Cell Phone () _____

Business Phone () _____

Email Address _____

All Registration Packets, Newsletters, Priority Registration Notification, Recital Information and all other notices will be sent via email only. Please give us an address where you would like the information sent.

Class Name	Location	Day/Time	Code	Tuition
1. _____				
2. _____				
3. _____				
4. _____				
5. _____				

Tuition Total _____

Payment by MasterCard Visa Check # _____

Less Discount _____

_____ Exp _____ Cash \$ _____

Final Total _____

Name on card _____

TUITION

Fall:
\$336 for 45 and 60 minute classes \$196 for 30 minute classes

Winter:
\$252 for 45 and 60 minute classes \$147 for 30 minute classes

Spring:
\$252 for 45 and 60 minute classes \$147 for 30 minute classes

Important: Class placement is for one session only, not a guarantee for following session. Priority registration is available for students to register for the same class before registration is open to the general public.

DISCOUNT TUITION PLANS (choose one, no discount plans can be combined)

- VIP Full Year Registration _____ 10% discount off Tuition \$756 for full year

REGISTRATION MUST BE COMPLETE BY 10/04/09

Includes 10% off of Petite Boutique, 10% off Petite Parties, and unlimited class changes per session.

Important: Guaranteed class placement throughout the year. Please review Cancellation Policy

- Sibling Discount
Receive \$10 off each sibling's registration per session.

- Multiple Class Discount
Save 5% on each class when your family registers for 3 classes in one session.
Save 10% on each class when your family registers for 4 classes in one session.
Save 15% on each class when your family registers for 5 classes in one session.

These tuition discount are not applicable to any camps. No discount plans may be combined.